



DINNER TWIST
LOCAL, HEALTHY, DELIVERED



Product Spotlight: Plantagenet Pork

This free range pork from Plantagenet is our go-to choice. We really appreciate their concern for animal welfare and agriculture sustainability, as well as great quality.



3 Creamy Tarragon Pasta with Pork Steaks

Long pasta tossed in a creamy mushroom, onion and tarragon sauce, served with pork steaks and a rocket & pear salad.

 20 minutes

 4 servings

 Pork

15 March 2021

FROM YOUR BOX

LONG PASTA	1 packet (250g)
BROWN ONION	1
MUSHROOMS	250g
BABY CAPERS	1 jar
SOUR CREAM	1 tub (200g)
PORK STEAKS 	600g
PEAR	1
ROCKET LEAVES	60g
 LONG PASTA (EXTRA)	100g
 MUSHROOMS (EXTRA)	250g
 PINE NUTS	40g

**Ingredient also used in another recipe*

FROM YOUR PANTRY

olive + oil for cooking, salt, pepper, dried tarragon (or oregano/rosemary), vinegar (of choice)

KEY UTENSILS

saucepan, large frypan

NOTES

If you don't have tarragon, you can use dried oregano or rosemary instead.

No pork option – pork steaks are replaced with **chicken schnitzels**. Increase cooking time to 4–5 minutes on each side or until cooked through.

No gluten option – pasta is replaced with **GF pasta**.

 **VEG OPTION** – Ingredients are replaced with **vegetarian alternatives** – follow the **cooking instructions as directed**.



1. COOK THE PASTA

Bring a saucepan of water to the boil. Add pasta and cook according to packet instructions, or until cooked al dente. Drain and rinse briefly, return to saucepan.

 **VEG OPTION** – Cook as above, using **all pasta**.



2. MAKE THE SAUCE

Heat a frypan with **oil** over medium heat. Chop onion and slice mushrooms, add to pan as you go. Season with **1–2 tsp tarragon** and stir through 1/2 jar capers.

 **VEG OPTION** – Cook as above, using **all mushrooms**. Season with **2–3 tsp tarragon**.



3. FINISH THE SAUCE

Add sour cream (use to taste) and **1/2 cup water**. Stir to combine, simmer for 5 minutes. Add into saucepan with pasta (once drained). Rinse and reserve frypan for next step.

 **VEG OPTION** – Add a little more water if required.



4. COOK THE PORK STEAKS

Re-heat frypan over medium–high heat. Toss pork steaks with **oil, 1 tsp tarragon, salt and pepper**. Add to pan and cook for 2–3 minutes on each side or until just cooked through. Set aside on a plate, keep warm.

 **VEG OPTION** – Skip this step.



5. PREPARE THE SALAD

Slice pear and arrange with rocket leaves and remaining capers in a serving bowl. Drizzle with **1 tbsp olive oil** and **1/2 tbsp vinegar**.

 **VEG OPTION** – Prepare as above. **Toast pine nuts in a dry frypan and scatter over salad**.



6. FINISH AND SERVE

Season tarragon pasta with **salt and pepper** to taste. Serve with pork steaks and salad.

 **VEG OPTION** – Serve **creamy tarragon mushroom pasta with dressed salad**.

How did the cooking go? We'd love to know – help us by sharing your thoughts! Go to the **My Recipes** tab in your **Profile** and leave a review! Text us on **0481 072 599** or send an email to **hello@dinnertwist.com.au**

