





Spanish Bacon Tortilla

A quick and easy Spanish style egg and bacon tortilla with thinly sliced potato, capsicum and onion.









FROM YOUR BOX

MEDIUM POTATOES	3
BROWN ONION	1
RED CAPSICUM	1
FREE-RANGE BACON	1 packet
FREE-RANGE EGGS	6-pack
FREE-RANGE EGGS AVOCADO	6-pack 1

FROM YOUR PANTRY

oil for cooking, salt, pepper, smoked paprika (optional)

NOTES

Use frypan with lid.

You can make individual tortillas using a muffin tin. For these to cook properly, your potatoes must be thinly sliced. We recommend using a mandolin.

Toss the sliced avocado with some mesclun leaves and sliced cucumber for a quick side salad.

1. COOK THE VEGETABLES AND BACON

Heat a large frypan over medium-high heat with oil (see notes). Thinly slice potatoes, onion and capsicum. Slice bacon. Add all to pan as you go along with 1 tsp smoked paprika. Cook, stirring occasionally for 10-12 minutes until potatoes are just tender (add more oil if needed). Season with salt and pepper.



TIP You can add some lemon zest or dried oregano into the egg mixture for extra flavour! Add extra vegetables if you want a more filling tortilla. Mushrooms, asparagus or olives work well!

2. ADD THE EGGS AND COOK

Whisk eggs in a bowl. Pour into pan with potatoes and stir gently. Cook covered, for 10-12 minutes until eggs are set.



TIP Add some lemon zest or dried oregano into the egg mixture for extra flavour! Crumbled feta, grated cheddar or dollops of ricotta can be added for a cheesy finish!

3. FINISH AND SERVE

Slice avocado and use to garnish tortilla. Slice and serve at the table.



You can garnish the tortilla with fresh chopped parsley if you have some. Serve with a tomato relish or chutney.

This recipe has simplified instructions to help lower your meal cost.