

X4



DINNER TWIST
LOCAL, HEALTHY, DELIVERED



Dukkah Pork

Tender pork steaks sprinkled with spiced dukkah, served with tray-baked vegetables.



30 minutes



4 servings



Pork

FROM YOUR BOX

MEDIUM POTATOES	800g
ZUCCHINI	1
CARROTS	2
RED CAPSICUM	1
PORK STEAKS	600g
DUKKAH	1 packet

FROM YOUR PANTRY

oil for cooking, salt and pepper

NOTES

You can cook the pork steaks, zucchini and capsicum on the BBQ instead. Roast the potatoes and carrots in the oven or cook them in advance to make a potato salad if you prefer a cold side.

1. ROAST THE VEGETABLES

Set oven to 220°C. Slice **potatoes**, **zucchini**, **carrots** and **capsicum**. Toss on a lined oven tray with seasoning of choice (see tip), **oil**, **salt and pepper**. Roast in oven for 25–30 minutes until cooked through.

TIP *You can add extra vegetables for more servings (spread over 2 trays if needed). Cherry tomatoes, mushrooms, sweet potato and pumpkin work well! For extra flavour you can add some crushed garlic, dried oregano or thyme, cumin seeds, ground coriander or paprika.*

2. COOK THE PORK

Coat **pork steaks** with seasoning of choice, **oil**, **salt and pepper**. Cook on a frypan or griddle over medium–high heat for 4–5 minutes each side or until cooked through.

TIP *Ground cumin, coriander, smoked paprika or sumac all work well to season the pork and compliment the flavours in the dukkah.*

3. FINISH AND SERVE

Serve pork steaks with vegetable tray bake. Sprinkle with **dukkah**.

TIP *You can toss baby spinach, rocket leaves, crumbled feta cheese or sliced olives through the vegetable tray bake. Serve with a yoghurt sauce or relish of choice.*

This recipe has simplified instructions to help lower your meal cost.