





Greek Beef Meatballs

35 minutes 2 servings





Juicy beef meatballs roasted with a medley of zucchini, potatoes, and cherry tomatoes, finished with a tangy pickled shallot and cooling garlic yoghurt.

FROM YOUR BOX

MEDIUM POTATOES	2
ZUCCHINI	1
CHERRY TOMATOES	200g
SHALLOT	1
BEEF MINCE	300g
GARLIC CLOVE	1
NATURAL YOGHURT	1 tub

FROM YOUR PANTRY

olive oil, salt and pepper, dried oregano, red wine vinegar, sugar of choice

NOTES

You can add crumbled feta or olives for a more traditional Greek twist.

1. ROAST THE VEGETABLES

Set oven to 220°C. Dice potatoes and zucchini, halve cherry tomatoes. Toss with 2 tsp dried oregano, 2 tbsp olive oil, salt, and pepper on a lined oven tray. Roast for 20 minutes.



You can add sliced capsicum for olives for extra flavour and bulk.

2. PICKLE THE SHALLOT

Thinly slice shallot and toss with 2 tbsp vinegar, 2 tsp sugar, and a pinch of salt. Set aside.



You can add the shallot to the traybake to roast if preferred. Dried oregano can be substituted with fresh or dried rosemary.

3. ADD THE MEATBALLS

Combine **beef mince** with your seasoning of choice (see tip), **salt**, and **pepper**. Roll into 1 tbsp-sized balls. Drizzle with **olive oil** and add to the tray with **vegetables**. Roast for 10–12 minutes or until cooked through.



We added 1 tbsp smoked paprika and crushed garlic to the mince for extra flavour. Add some lemon zest or fresh chopped rosemary for a Mediterranean flavour.

4. FINISH AND SERVE

Crush garlic and stir through yoghurt with a pinch of salt. Dollop over tray bake, scatter drained pickled shallot on top.



Garnish with fresh parsley, oregano or a sprinkle of lemon zest for brightness.

This recipe has simplified instructions to help lower your meal cost.