





Creamy Leek and Potato Soup with Parmesan Crisps





40 minutes 2 servings



A velvety potato and leek soup, topped with golden parmesan crisps and fragrant spring onion oil. Served with warm sourdough rolls, this dish is cosy and comforting.

FROM YOUR BOX

LEEK	1
MEDIUM POTATOES	800g
PARMESAN CHEESE	1 packet
SOURDOUGH ROLLS	2-pack
SPRING ONIONS *	1 bunch

FROM YOUR PANTRY

oil for cooking, salt and pepper, 1 vegetable stock cubes, red wine vinegar, garlic clove

NOTES

Rinse the sliced leek in a colander to remove an excess sand.

Add extra vegetables like zucchini or cauliflower or cannellini beans to bulk out soup.

Not a fan of blended soups? Skip the blender for a rustic version.

*The chives in this dish have been replaced with spring onions due to unavailability.

No gluten option - sourdough rolls are replaced with GF bread.

1. SIMMER THE SOUP

Set oven to 200°C.

Slice leek (see notes), peel and dice potatoes (2-3cm). Heat a large saucepan with oil, sauté vegetables for 2-3 minutes until fragrant. Add 1 crumbled stock cube and 3 cups water. Cover, bring to a boil and simmer for 20 minutes or until vegetables are soft.



TIP Add 2 chopped garlic cloves, a pinch of thyme, rosemary, or nutmeg while simmering for extra depth. You can use a stock paste or liquid stock instead of the stock cubes.

2. MAKE THE PARMESAN CRISPS

Place 1 tbsp heaps of parmesan, spaced 5cm apart on a lined oven tray. Bake for 6-8 minutes until golden and melted. Remove and allow to cool and crisp. Add sourdough rolls to oven in final 5 minutes to warm through.



TIP For extra flavour, sprinkle parmesan piles with pepper, paprika, or dried herbs before baking. Instead of making the parmesan crisps, you can blend 1/2 the parmesan in the soup and use some for garnish.

3. BLEND THE SOUP

Remove pan from heat. Use a stick mixer or blender to blend the vegetables and stock until smooth. Season with salt and pepper to taste.



Stir in a splash of milk or cream for added richness. Add more water if the soup feels too thick.

4. FINISH AND SERVE

Finely slice spring onions (to yield 1/2 cup), mix with 2 tbsp olive oil and 1 tbsp vinegar. Divide soup among bowls. Spoon over spring onions and top with parmesan crisps. Serve with warm sourdough rolls.

This recipe has simplified instructions to help lower your meal cost.