





# **Cheesy Stuffed Sweet Potato Spuds**

Roasted sweet potatoes, filled with a mix of broccoli, corn, and capsicum, topped with melty cheese and chipotle dressing.







#### FROM YOUR BOX

SWEET POTATOES	400g
BROCCOLI	1
RED CAPSICUM	1
CORN COB	1
SPRING ONIONS	1 bunch
CHIPOTLE LIME DRESSING	1 sachet
SHREDDED CHEDDAR CHEESE	1 packet

## FROM YOUR PANTRY

oil for cooking, salt and pepper

## **NOTES**

Try it differently! Cut sweet potatoes into wedges and bake for loaded wedges, or dice the vegetables and simmer with Mexican spices and chopped tomatoes for a quick vegetarian chilli.

## 1. ROAST THE SWEET POTATOES

Set oven to 220°C.

Halve **sweet potatoes** lengthways. Rub with **oil**, **salt and pepper** and place cut side down on a lined oven tray. Roast for 25–30 minutes until tender.



For larger sweet potatoes, quarter lengthways for quicker cooking.

# 2. COOK THE FILLING

Finely chop **broccoli** and **capsicum**, remove **corn kernels** from cob, and slice **spring onions** (reserving tops).

Sauté vegetables in a frypan with oil, salt, pepper, and 2–3 tsp spice of choice for 5 minutes until tender. Remove from heat, stir through 1/4 cup chipotle lime dressing and 1/4 packet cheese.



Try smoked paprika, ground cumin, or dried thyme. Add mushrooms or chickpeas to

up the filling.

## 3. STUFF THE POTATOES

Remove **sweet potatoes** from oven and turn them over. Use a fork to press down centre of **potatoes**. Spoon in the **vegetable filling** and top with remaining **cheese** (use to taste). Return to oven and bake for 5–10 minutes until cheese is melted.

# 4. FINISH AND SERVE

Serve stuffed potatoes drizzled with remaining chipotle lime dressing and garnish with spring onion tops.

This recipe has simplified instructions to help lower your meal cost.