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DINNER TWIST  
LOCAL, HEALTHY, DELIVERED



## Asian Beef Rissoles

Juicy beef rissoles served on a bed of rice with fresh cucumber and avocado salsa.

25 minutes

4/6 servings



Beef

## FROM YOUR BOX

|                    | 4 PERSON | 6 PERSON    |
|--------------------|----------|-------------|
| BASMATI RICE       | 300g     | 300g + 150g |
| BEEF MINCE         | 600g     | 600g + 300g |
| AVOCADO            | 1        | 2           |
| RED CHILLI         | 1        | 1           |
| LEBANESE CUCUMBERS | 2        | 3           |

## FROM YOUR PANTRY

oil for cooking, salt and pepper, sweet chilli sauce

## NOTES

You can skip the rissoles and cook the beef mince as is if preferred.

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## 1. COOK THE RICE

Place **rice** in a saucepan, cover with **600ml water**. Cover with a lid and bring to a boil. Reduce to medium-low heat for 10-15 minutes. Remove from heat, stand for 5 minutes. Stir carefully with a fork.

**6P** – Cover rice with **900ml water**.

**TIP** *Stir through a small tin of coconut milk (165ml) or toasted shredded coconut after the rice has cooked to make coconut rice.*

## 2. COOK THE BEEF RISSOLES

Season **beef mince** with **salt and pepper**. Shape into 8 even sized **rissoles**. Heat a frypan over medium heat with **oil**. Cook **rissoles** for 5-8 minutes each side or until cooked through (see notes).

**TIP** *Use sesame oil or coconut oil for extra fragrance. You can add 1 tsp Chinese Five Spice or crushed garlic to season the beef mince for more flavour. After the rissoles are cooked, you can brush them with hoisin or oyster sauce for flavour.*

## 3. MAKE THE SALSA

Finely dice **avocado**, **chilli** and **cucumbers**. Toss together.

**TIP** *You can add sliced spring onions, fresh mint or coriander to the salsa. Diced mango or apple also work well! Dress the salsa with lime juice if you have some.*

## 4. FINISH AND SERVE

Combine in a small bowl **2 tbsp sweet chilli sauce** and **1 tbsp water**. Divide **rice**, **rissoles** and **salsa** among plates. Spoon over **dressing** to taste.

**6P** – Combine in a small bowl **3 tbsp sweet chilli sauce** and **2 tbsp water**.

**This recipe has simplified instructions to help lower your meal cost.**