





Chicken Lettuce Cups

with Noodles





Fresh lettuce cups with rice vermicelli noodles, stir-fry chicken mince with ginger and spring onions.

FROM YOUR BOX

RICE VERMICELLI NOODLES	1 packet
BABY COS LETTUCES	2
SPRING ONIONS	1 bunch
CARROT	1
GINGER	1 piece
CHICKEN MINCE	600g

FROM YOUR PANTRY

oil for cooking, salt and pepper, soy sauce (or stir-fry sauce of choice)

NOTES

These lettuce cups can be served with dressing if preferred. You can make one using 2 tbsp soy sauce, 2 tbsp sesame oil and 1 tbsp vinegar or lime juice. Premade satay dressing also works well!

This dish can be transformed into noodle bowls. Serve the noodles and stir-fry chicken in bowls. Shred lettuce and use as a topping along with any toppings you may have. Fresh mint, coriander, radishes, capsicum and chilli all work well!

1. COOK THE NOODLES

Bring a saucepan of water to a boil. Add noodles and cook according to packet instructions or until tender. Drain and rinse well with cold water to stop the cooking process.

2. PREPARE THE VEGETABLES

Separate and rinse lettuce leaves. Set aside. Slice spring onions. Julienne or grate carrot.



TIP Reserve spring onion tops for garnish. Fresh bean shoots, diced cucumber and sliced radishes can also be used as toppings.

3. COOK THE CHICKEN

Peel and grate ginger. Heat a frypan over medium-high heat with oil. Add chicken, ginger and spring onions. Cook for 8-10 minutes. Stir through carrot and 2-3 tbsp soy sauce (or stir-fry sauce).



TIP We added 1 tsp Chinese five spice and used 2 tbsp oyster sauce for flavour. You could use hoisin sauce or sweet chilli sauce. You can stir through a red or green curry paste for a different flavour.

4. FINISH AND SERVE

Assemble lettuce cups at the table with noodles and chicken filling. Garnish with spring onion tops and carrot.



Add some toasted sesame seeds or chopped peanuts if you have some.

This recipe has simplified instructions to help lower your meal cost.