



Sausage Traybake

Oven roasted beef sausage coil with tray baked vegetables.







FROM YOUR BOX

ZUCCHINI	1
RED ONION	1
CHERRY TOMATOES	200g
BEEF SAUSAGE COIL	300g

FROM YOUR PANTRY

oil for cooking, salt and pepper

NOTES

You can serve this meal with roast potatoes or crusty bread. Bring to the table with your favourite condiments.

1. PREPARE THE VEGETABLES

Set oven to 220°C. Dice zucchini and wedge onion. Toss on a lined oven tray with tomatoes, oil, salt and pepper.



TIP Add some dried herbs, ground spices, crushed garlic or balsamic vinegar to the vegetables for extra flavour.

2. BAKE THE TRAYBAKE

Coat sausage coil with oil and place on tray with vegetables. Bake in oven for 25 minutes or until cooked through.

3. FINISH AND SERVE

Serve traybake at the table



TIP Add some crumbled feta cheese or fresh herbs to garnish the traybake.