





Wild Mushroom Butter Steaks

with Crispy Potatoes

Beef steaks served with a wild mushroom butter, crispy roast baby potatoes, charred spring onion and lemon and fresh rocket leaves.







Switch it up!

If you don't want to use the BBQ (or don't have a grill plate), you can roast the onions and lemon with the potatoes for the last 10 minutes and cook the steaks in a frypan.

PROTEIN TOTAL FAT CARBOHYDRATES

39g

40g

FROM YOUR BOX

BUTTER	2 portions
BABY POTATOES	800g
DRIED FOREST MUSHROOMS	1 packet
GARLIC CLOVE	2
SPRING ONIONS	1 bunch
LEMON	1
BEEF STEAK	600g
ROCKET LEAVES	60g

FROM YOUR PANTRY

oil for cooking, salt, pepper

KEY UTENSILS

oven tray, BBQ or grill plate

NOTES

For perfect crispy roasted potatoes, boil halved potatoes until tender. Drain well and allow to steam off for 5 minutes, then roast until golden and crispy!

Cook steaks over high heat for 2 minutes each side for rare, over medium-high for 2-3 minutes each side for medium, or 4 minutes each side for well done.





1. ROAST POTATOES

Bring butter up to room temperature and set oven to 220°C.

Halve potatoes. Toss on a lined oven tray and oil, salt and pepper. Roast for 20-30 minutes until golden and tender.



2. MAKE MUSHROOM BUTTER

Add mushrooms to a small blender. Blitz until a rough powder forms. Add to a bowl along with butter and crushed garlic. Mix to combine.



3. CHAR THE ONIONS

Heat a BBQ or grill plate (see cover notes) over medium-high heat with oil. Halve lemon, add to BBQ along with spring onions. Cook for 2-4 minutes, turning onions, until charred. Remove to a plate and reserve BBQ for step 4.



4. GRILL THE STEAKS

Coat steaks with oil, salt and pepper. Add to BBQ and cook for 2-4 minutes (see notes) on each side or until cooked to your liking.



5. FINISH AND SERVE

Serve all potatoes, charred onion and rocket tableside. Squeeze charred lemon over rocket and onions. Add steaks and top with mushroom butter.



