

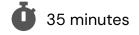




Smoky Pork Chilli

with Green Salsa

A rich and savoury chilli con carne using pork mince and sweet potato, simmered with warming flavours of cinnamon and cumin, served in a bowl topped with a vibrant coriander salsa.







Slow cook it!

You can cook this dish in the slow cooker so it's ready for you when you come home! Dice the vegetables into larger pieces and leave out the added water in step 3.

TOTAL FAT CARBOHYDRATES

127g

FROM YOUR BOX

BROWN ONION	1	
WARM MEXICAN SPICE MIX	1 packet	
PORK MINCE	500g	
SWEET POTATO	300g	
GREEN CAPSICUM	1	
TINNED CHOPPED TOMATOES	400g	
CORIANDER	1 packet	
RED CHILLI	1	
NATURAL YOGHURT	1 tub	
TORTILLA STRIPS	1 bag	
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FROM YOUR PANTRY

oil for cooking, olive oil, salt, pepper, chilli flakes (optional), apple cider vinegar

KEY UTENSILS

large frypan or saucepan with lid

NOTES

Peel sweet potato if preferred. Dice into 1-2cm pieces.

Warm Mexican spice mix: smoked paprika, ground cumin, ground coriander, dried oregano, garlic powder, ground cinnamon.





1. BROWN THE PORK

Heat a large pan over medium heat with 2 tbsp oil. Dice and add onion along with spice mix and pork mince. Cook for 5 minutes, breaking up mince as you go.



2. ADD THE VEGETABLES

Dice sweet potato and capsicum (see notes). Add to pan along with 1/4 tsp chilli flakes (optional).



3. SIMMER THE STEW

Pour in tinned chopped tomatoes and 1 cup water. Bring to a boil. Cover and simmer for 15 minutes or until sweet potato is tender.



4. PREPARE THE SALSA

Whisk together 2 tbsp olive oil and 1 tbsp vinegar. Finely chop coriander and chilli. Stir all together.



5. FINISH AND SERVE

Season the stew with salt and pepper. Divide among bowls and garnish with yoghurt and salsa. Serve with tortilla strips on the side.



How did the cooking go? We'd love to know - help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au



