



DINNER TWIST
LOCAL, HEALTHY, DELIVERED



Product Spotlight: Curry Leaves

Curry leaves come from a tree in the citrus fruit family. When cooked, they release a deliciously nutty aroma and are a staple in South Indian cooking.



Sri Lankan Potato and Egg Curry with Rice

This Sri Lankan curry has a beautiful, warming spice base and creamy coconut milk, cooked with diced potato and served with crispy curry leaves and Basmati rice.

30 minutes 4/6 servings Vegetarian

Set and Forget!

Sauté the curry paste, then add to a slow cooker along with vegetables, coconut milk and water. Cook on high heat for 3-4 hours. You can cook this curry a few days ahead. Store in the fridge and reheat to serve.

Per serve	PROTEIN	TOTAL FAT	CARBOHYDRATES
4/6 Person:	16g	21g/28g	66g/71g

FROM YOUR BOX

	4 PERSON	6 PERSON
BASMATI RICE	300g	300g + 150g
BROWN ONION	1	2
GINGER	1 piece	2 pieces
SRI LANKAN SPICE MIX	1 packet	2 packets
CURRY LEAVES	2 fronds	3 fronds
GREEN CAPSICUM	1	2
MEDIUM POTATOES	3	5
CHERRY TOMATOES	2 x 200g	3 x 200g
COCONUT MILK	400ml	2 x 400ml
FREE-RANGE EGGS	6-pack	2 x 6-pack
LEMON	1	1

FROM YOUR PANTRY

oil for cooking, salt, pepper, 1 stock cube

KEY UTENSILS

large frypan with lid,, 2 saucepans, stick mixer or small food processor

NOTES

We used coconut oil for extra flavour.

Boiling the eggs for 6 minutes will give you softer yolks. Scan the QR code for tips on how to cook eggs to perfection!

Sri Lankan Spice Mix: ground turmeric, ground cumin, ground coriander, ground cinnamon, ground cardamom, smoked paprika



1. COOK THE RICE

Place **rice** in a saucepan, cover with **600ml water**. Cover with a lid and bring to a boil. Reduce to medium-low heat for 10-15 minutes. Remove from heat, stand for 5 minutes. Stir carefully with a fork.

6P - cover rice with 900ml water.



4. SIMMER THE CURRY

Dice **capsicum** and **potatoes**. Add to pan as you go along with **cherry tomatoes**. Pour in **coconut milk** and **1 cup water**. Crumble in **stock cube**. Stir to combine. Simmer, covered, for 20 minutes until **potatoes** are tender.

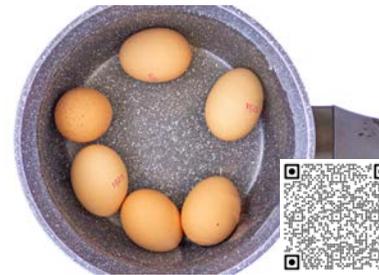


2. MAKE THE CURRY PASTE

Bring a second saucepan of water to a boil (for step 5).

Roughly chop **onion**. Peel and chop **ginger**. Add to a jug along with **spice mix** and **1-2 tbs water** to loosen. Use a stick mixer to blend to a smooth paste.

6P - add 1/4 cup water to loosen.



5. BOIL THE EGGS

Add **eggs** to saucepan of boiling water. Cook for 6-8 minutes (see notes). Cool under running cold water. Peel and halve.



3. SAUTÉ THE VEGETABLES

Heat a large frypan over medium-high heat with **oil** (see notes). Add **curry leaves** to pan and leave to crisp. Remove 1/2 and set aside for garnish. Add **curry paste** to pan and sauté for 1-2 minutes until fragrant.



6. FINISH AND SERVE

Squeeze **juice of 1/2 lemon** (wedge remaining) into curry. Season to taste with **salt and pepper**. Add **eggs** and gently stir.

Divide **curry** and **rice** among bowls. Garnish with crispy **curry leaves** and **lemon wedges**.

How did the cooking go? We'd love to know - help us by sharing your thoughts! Go to the **My Recipes** tab in your **Profile** and leave a review! Text us on **0440 132 826** or send an email to **hello@dinnertwist.com.au**

