



DINNER TWIST
LOCAL, HEALTHY, DELIVERED



Product Spotlight: Seaweed Snack

This crispy, paper-thin snack is made from organic nori sheets, lightly roasted and seasoned with sea salt. Nori is a good source of iodine and minerals from the sea.



Bibimbap Bowl with Crispy Fried Eggs

Sticky sushi rice bibimbap with crisp capsicum and corn, sauteed mushrooms and crispy fried eggs, finished with an umami ramen sauce from The Ugly Mug and a sesame seaweed topping.



25 minutes



4/6 servings



Vegetarian

Warm it up!

To warm this dish up, stir-fry the veggies in a large frypan with the mushrooms, sesame oil and 1/2 the sauce. Serve over rice with fried eggs, remaining sauce and crispy topping.

Per serve:	PROTEIN	TOTAL FAT	CARBOHYDRATES
	22g/25g	25g	100g/92g

FROM YOUR BOX

	4 PERSON	6 PERSON
SUSHI RICE	300g	300g + 150g
RED CAPSICUM	1	1
AVOCADO	1	2
CORN COB	1	2
SPRING ONIONS	1 bunch	2 bunches
GOURMET MUSHROOMS	1 packet	2 packets
RAMEN MARINADE	100g	2 x 100g
MIXED SESAME SEEDS	1 packet	2 packets
SEAWEED SNACK	1 packet	2 packets
FREE-RANGE EGGS	6-pack	2 x 6-pack

FROM YOUR PANTRY

sesame oil

KEY UTENSILS

large frypan, saucepan

NOTES

For an extra kick, add dried chilli flakes to the crispy topping. You can also serve the dish with chilli crisp, chilli oil or your favourite hot sauce.

Cook the eggs to your liking! Poached, boiled or even make an omelette! Scan the QR code at step 5 to read how we perfected our egg cooking!



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1. COOK THE RICE

Rinse **sushi rice**. Place in a saucepan with **650ml water**. Cover and bring to a boil. Reduce heat immediately to medium-low. Cook, semi-covered, for 20 minutes until rice is tender and water is absorbed.

6P – cover rice with 975ml water.



2. PREPARE THE INGREDIENTS

Thinly slice **capsicum** and **avocado**. Remove **corn kernels** from cob. Slice **spring onions** into 4cm pieces and thinly slice some **green tops** for garnish. Slice or roughly tear any larger **mushrooms**. Keep separate.



3. COOK THE MUSHROOMS

Heat a large frypan over medium-high heat with **sesame oil**. Add **spring onions** and **mushrooms**. Cook for 4-6 minutes until tender. Add **1 tbsp ramen marinade** and cook for a further minute. Remove mushrooms and keep pan over heat for step 5.

6P – add 2 tbsp ramen marinade.



4. PREPARE CRISPY TOPPING

Meanwhile, add **sesame seeds** to a bowl. Slice or flake in **seaweed**. Toss to combine (see notes).



5. FRY THE EGGS

Add extra **oil** to pan if necessary. Crack **eggs** into pan and cook to your liking (see notes).



6. FINISH AND SERVE

Divide **rice** among bowls. Add **mushrooms**, **prepared vegetables** and **eggs** to bowl. Garnish with **crispy topping** and **spring onion green tops**. Serve with remaining **ramen marinade** to drizzle over.

How did the cooking go? We'd love to know – help us by sharing your thoughts! Go to the **My Recipes** tab in your **Profile** and leave a review! Text us on **0440 132 826** or send an email to **hello@dinnertwist.com.au**

