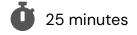






# **Korean Marinated Eggs**

Jammy soft-boiled eggs marinated in a delicious sesame soy sauce, served over sticky rice with a fresh ribboned salad.







# Marinate overnight!

For a more intense flavour, prepare the eggs and marinate them overnight. You can add some crushed garlic and grated ginger to the marinade if you have some!

TOTAL FAT CARBOHYDRATES

22g

70g

#### **FROM YOUR BOX**

FREE-RANGE EGGS	12
SUSHI RICE	300g
RED CHILLI	1
CHIVES	1 packet
RAMEN MARINADE	100ml
SESAME SEEDS	1 packet
CARROT	1
LEBANESE CUCUMBERS	2
BEAN SHOOTS	1 bag
SEAWEED SNACK	2 packets

#### FROM YOUR PANTRY

soy sauce or tamari, rice wine vinegar

#### **KEY UTENSILS**

2 saucepans

#### **NOTES**

To save time, move to step 2 and put the rice on while waiting for the water to simmer. Then, move forward to preparing the marinade in step 3.

If you prefer a warmer dish, you can heat the marinade in a small saucepan.

You can use apple cider vinegar if you don't have rice wine vinegar.





#### 1. COOK THE EGGS

Bring a saucepan of water to a simmer (see notes). Add <u>8 eggs</u> and cook for 7 minutes. Remove to a bowl of ice water and set aside for 1 minute.



## 2. COOK THE RICE

Rinse sushi rice. Place in a saucepan with **650ml water**. Cover and bring to a boil. Reduce heat immediately to low. Cook, semi-covered, for 20 minutes until rice is tender and water is absorbed.



#### 3. PREPARE THE MARINADE

Finely chop chilli and chives. Combine in a bowl with ramen marinade and sesame seeds. Stir in 1/3 cup water and 2 tbsp soy sauce (see notes).



### 4. ADD THE EGGS

Peel and add eggs to marinade. Set aside.



# **5. PREPARE THE SALAD**

Ribbon carrot and cucumbers. Toss with bean shoots and 1 tbsp vinegar (see notes).



#### 6. FINISH AND SERVE

Divide rice and seaweed snack among bowls. Halve eggs and serve on top with spoonfuls of marinade. Serve with salad on the side.

How did the cooking go? We'd love to know – help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au



