

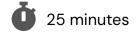


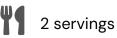


# Zaatar Roasted Vegetable Medley

# with Whipped Feta

Dutch carrots, capsicum and cherry tomatoes roasted in zaatar, served over lemon whipped feta, with toasted Turkish bread, and a mint and garlic herb oil drizzled over.







# Add to it!

You can add all sorts of vegetables to roast such as; sweet potato, zucchini, or eggplant. You can also serve this dish with lentils tossed through the roast vegetables to warm.

Per serve: PROTEIN TOTAL FAT CARBOHYDRATES

21g 44g

62g

### FROM YOUR BOX

DUTCH CARROTS	1 bunch
YELLOW CAPSICUM	1
SHALLOT	1
CHERRY TOMATOES	200g
ZAATAR	20g
SMOOTH FETA	1 packet
SMOOTH FETA  LEMON	1 packet
	•
LEMON	1
LEMON	1 1 bunch

#### FROM YOUR PANTRY

oil for cooking, olive oil, salt, pepper

#### **KEY UTENSILS**

2 oven trays, stick mixer or blender

#### **NOTES**

Most of our veggies come pre-washed, but it's always good to give them an extra rinse.

Zaatar: sesame seeds, sumac, dried oregano, potato fibre, dried coriander, salt, canola oil, food acid.

No gluten option - Turkish bread is replaced with GF Turkish rolls.





### 1. ROAST THE VEGETABLES

Set oven to 220°C.

Trim and scrub carrots, slice capsicum and wedge shallot (see notes). Toss on a lined oven tray with cherry tomatoes, oil, 1/2 zaatar, salt and pepper. Roast for 15-20 minutes until vegetables are tender.



# 2. MAKE THE WHIPPED FETA

Use a stick mixer or blender to blend crumbled feta with lemon zest, juice from 1/2 lemon (reserve remaining for step 4), 1/2 tbsp olive oil and 3 tbsp water until smooth. Season with pepper to taste.



## 3. MAKE THE HERB OIL

Finely chop mint (leaves and tender stems) and crush garlic. Add to a bowl along with 2 tbsp olive oil, juice from reserved lemon, salt and pepper. Mix to combine.



# 4. WARM THE BREAD

Place Turkish rolls in oven for 5 minutes to warm.



# 5. FINISH AND SERVE

Spoon whipped feta onto the base of shallow bowls. Top with roasted vegetables. Drizzle over herb oil. Pull apart Turkish rolls and add to bowls to serve.



How did the cooking go? We'd love to know - help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au



