





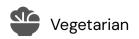
Roasted Chermoula Cauliflower

with Yoghurt

Cauliflower and vegetables roasted in home-made herbaceous chermoula sauce, served over natural yoghurt with toasted pepitas and warmed Turkish bread.







Spice it up!

Spice up the chermoula with a few drops of your favourite hot sauce, finely chopped red chilli or dried chilli flakes.

Per serve: PROTEIN TOTAL FAT CARBOHYDRATES

23g 15g

70g

FROM YOUR BOX

GARLIC CLOVE	1
LEMON	1
CORIANDER	1 packet
CAULIFLOWER	1/2
RED CAPSICUM	1
CHERRY TOMATOES	200g
PEPITAS	1 packet
TURKISH BREAD	1 loaf
LEBANESE CUCUMBER	1
YOGHURT	1 tub

FROM YOUR PANTRY

oil for cooking, olive oil, salt, pepper, ground paprika, ground cumin, honey (see notes)

KEY UTENSILS

frypan, oven tray

NOTES

Substitute honey for maple syrup, sugar or sweetener of your choice.

No gluten option - Turkish bread is replaced with GF Turkish rolls.





1. MAKE THE CHERMOULA

Add 3 tsp paprika, 2 tsp cumin, 1/4 cup olive oil and 3 tbsp water to a bowl and mix to combine. Add crushed garlic, lemon zest and juice, finely chopped coriander roots and stems (reserve leaves for garnish) 1 1/2 tsp honey, salt and pepper. Mix to combine.



2. ROAST THE VEGETABLES

Cut cauliflower into florets. Slice capsicum. Add to a lined oven tray. Toss with cherry tomatoes, <u>3 tbsp chermoula</u>, salt and pepper. Roast for 25–30 minutes until vegetables are tender.



3. TOAST THE PEPITAS

Heat a frypan over medium-high heat. Add **pepitas** and toast for 2-4 minutes until golden. Remove from heat.



4. WARM THE TURKISH BREAD

Place **Turkish bread** in oven for 5 minutes to toast.

Use a vegetable peeler to ribbon **cucumber** or thinly slice.



5. FINISH AND SERVE

Slice bread.

Spoon **yoghurt** onto the base of plates. Add roasted vegetables. Sprinkle over pepitas, spoon over remaining chermoula. Garnish with cucumber ribbons and coriander leaves. Serve with toasted Turkish bread.

