



Product Spotlight: The Ugly Mug Hoisin

Hoisin sauce is like the tomato sauce of Chinese cuisine! A great all-rounder that can be used as a recipe base or a condiment. The flavour starts sweet and finishes with savoury notes. Made locally by The Ugly Mug, it's loved by the Dinner



Crispy Korean Tofu

with Gourmet Mushrooms

Crispy tofu tossed in a homemade spicy sauce and served with garlic mushrooms over sticky rice with fresh and pickled vegetables and mixed sesame seed topping.



30 minutes



2 servings



Plant-Based

Spice it down!

To reduce spice levels in the sauce you can remove the seeds from the chilli. Alternatively, omit the chilli from the sauce. Slice and serve to taste.

Per serve: **PROTEIN** 32g **TOTAL FAT** 26g **CARBOHYDRATES** 89g

FROM YOUR BOX

SUSHI RICE	150g
LEBANESE CUCUMBER	1
CARROT	1
AVOCADO	1
ENOKI MUSHROOMS	1 packet
GARLIC CLOVE	1
RED CHILLI	1
HOISIN SAUCE	50ml
FIRM TOFU	1 packet
SESAME SEED + FRIED SHALLOT MIX	30g

FROM YOUR PANTRY

sesame oil, salt, pepper, rice wine vinegar, sugar of choice, cornflour

KEY UTENSILS

large frypan, saucepan, stick mixer (or small food processor)

NOTES

Use a non-metallic bowl to pickle. Metal bowls can react with the pickling liquid and leave a metallic taste. Alternatively, to speed up this dish, skip pickling the veggies, cut to desired size and serve fresh.



1. COOK THE RICE

Rinse **sushi rice**. Place in a saucepan with **325ml water**. Cover and bring to a boil. Reduce heat immediately to medium-low. Cook, semi-covered, for 20 minutes until rice is tender and water is absorbed.



2. PREPARE THE TOPPINGS

In a bowl (see notes), whisk together **1/4 cup vinegar**, **3 tbsp water**, **1 tsp salt** and **1 tsp sugar**. Crescent **cucumber** and ribbon **carrot**. Add to bowl and toss to combine.

Dice **avocado** and set aside.



3. COOK THE MUSHROOMS

Heat a large frypan over medium-high heat with **sesame oil**. Trim and tear apart **enoki mushrooms**. Crush **garlic**. Add to pan as you go. Cook for 6-8 minutes until golden. Season with **salt and pepper**. Remove and reserve pan.



4. MAKE THE SAUCE

Trim and roughly chop **chilli** (see front page). Add to a jug with **hoisin sauce**, **2 tbsp sesame oil**, **2 tbsp water** and **3 tbsp vinegar**. Blend to a smooth consistency using a stick mixer.



5. COOK THE TOFU

Add **3 tbsp cornflour**, **salt and pepper** to a bowl. Dice **tofu** and toss in flour to coat. Add extra **sesame oil** to reserved pan along with tofu. Cook until golden on each side. Add **sauce** and toss to coat.



6. FINISH AND SERVE

Drain **pickled vegetables**.

Divide **rice** among shallow bowls. Add **toppings**, **mushrooms** and **tofu**. Spoon any **extra sauce** over tofu and sprinkle over **sesame seeds and fried shallots**.



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