



### Product Spotlight: The Ugly Mug Hoisin

Hoisin sauce is like the tomato sauce of Chinese cuisine! A great all-rounder that can be used as a recipe base or a condiment. The flavour starts sweet and finishes with savoury notes. Made locally by The Ugly Mug, it's loved by the Dinner Twist Team.



## Crispy Korean Tofu with Gourmet Mushrooms

Crispy tofu tossed in a homemade spicy sauce and served with garlic mushrooms over sticky rice with fresh and pickled vegetables and mixed sesame seed topping.



30 minutes



2 servings



Plant-Based

## Spice it down!

*To reduce spice levels in the sauce you can remove the seeds from the chilli. Alternatively, omit the chilli from the sauce. Slice and serve to taste.*

Per serve: **PROTEIN** 34g **TOTAL FAT** 33g **CARBOHYDRATES** 104g

## FROM YOUR BOX

|                                 |          |
|---------------------------------|----------|
| SUSHI RICE                      | 150g     |
| LEBANESE CUCUMBER               | 1        |
| CARROT                          | 1        |
| AVOCADO                         | 1        |
| ENOKI MUSHROOMS                 | 1 packet |
| GARLIC CLOVE                    | 1        |
| RED CHILLI                      | 1        |
| HOISIN SAUCE                    | 1 jar    |
| FIRM TOFU                       | 1 packet |
| SESAME SEED + FRIED SHALLOT MIX | 1 packet |

## FROM YOUR PANTRY

sesame oil, salt, pepper, rice wine vinegar, sugar (of choice), cornflour

## KEY UTENSILS

large frypan, saucepan, stick mixer (or small food processor)

## NOTES

Use a non-metallic bowl to pickle. Metal bowls can react with the pickling liquid and leave a metallic taste. Alternatively, to speed up this dish, skip pickling the veggies, cut to desired size and serve fresh.



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### 1. COOK THE RICE

Rinse sushi rice. Place in a saucepan with **1.5 x water**. Cover and bring to a boil. Reduce heat immediately to low. Cook, semi-covered, for 20 minutes until rice is tender and water is absorbed.



### 2. PREPARE THE TOPPINGS

In a bowl (see notes), whisk together **1/4 cup vinegar**, **3 tbsp water**, **1 tsp salt** and **1 tsp sugar**. Crescent cucumber and ribbon carrot. Add to bowl and toss to combine.

Dice avocado and set aside.



### 3. COOK THE MUSHROOMS

Heat a large frypan over medium-high heat with **sesame oil**. Trim and tear apart mushrooms. Crush garlic. Add to pan as you go. Cook for 6-8 minutes until golden. Season with **salt and pepper**. Remove and reserve pan.



### 4. MAKE THE SAUCE

Trim and roughly chop chilli (see front page). Add to a jug with hoisin sauce, **2 tbsp sesame oil**, **2 tbsp water** and **3 tbsp vinegar**. Use stick mixer to blend to smooth consistency.



### 5. COOK THE TOFU

Add **3 tbsp cornflour**, **salt and pepper** to a bowl. Dice tofu and toss in seasoned flour to coat. Add extra **sesame oil** to reserved pan along with tofu. Cook until golden on each side. Add sauce and toss to coat.



### 6. FINISH AND SERVE

Drain pickled vegetables.

Divide rice among shallow bowls. Add toppings, mushrooms and tofu. Spoon any extra sauce from pan over tofu and sprinkle over sesame seeds and fried shallots.

**How did the cooking go?** We'd love to know - help us by sharing your thoughts! Go to the **My Recipes** tab in your **Profile** and leave a review! Text us on **0481 072 599** or send an email to **hello@dinnertwist.com.au**

