



Product Spotlight: Curry Leaves

Curry leaves come from a tree in the citrus fruit family. When cooked, they release a deliciously nutty aroma and are a staple in South Indian cooking.



Coconut Curry One Pan with Tomato Chutney

Curried rice and lentils cooked in one pan with creamy coconut milk, curry leaves and mustard leaves for fragrance, topped with crunchy cucumber, tomato chutney from Turban Chopsticks, and almonds.



35 minutes



2 servings



Plant-Based

Switch it

You can cook the rice and lentils separately from the curry if preferred! Leave out the extra water for a rich curry sauce. Add some vegetables like capsicum or zucchini.

Per serve:	PROTEIN	TOTAL FAT	CARBOHYDRATE
	44g	57g	162g

FROM YOUR BOX

BROWN ONION	1
SWEET POTATO	300g
CHERRY TOMATOES	200g
GINGER	20g
CURRY LEAVES	2 fronds
BASMATI RICE/RED LENTIL MIX	175g
COCONUT MILK	400ml
LEBANESE CUCUMBER	1
FLAKED ALMONDS	40g
TOMATO CHUTNEY	1 jar

FROM YOUR PANTRY

oil for cooking, 1 vegetable stock cube, curry powder, black mustard seeds

KEY UTENSILS

large frypan with lid, frypan

NOTES

We used coconut oil in this dish for extra fragrance.

Stir the rice occasionally as it simmers to prevent any sticking to the bottom of the pan.



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1. SAUTÉ THE VEGETABLES

Heat a large frypan over medium heat with **1 tbsp oil** (see notes). Dice **onion** and **sweet potato** (1 cm), and halve **tomatoes**. Add all to pan as you go.



2. ADD THE AROMATICS

Peel and grate **ginger**. Add to pan along with **curry leaves**. Stir in **3 tsp curry powder** and **1 tsp black mustard seeds**. Cook for 2 minutes until fragrant. Increase heat to medium-high.



3. SIMMER THE CURRY

Add **1 crumbled stock cube**, **rice/lentil mix**, **coconut milk** and **1 cup water**. Stir to combine. Cover and simmer for 15-20 minutes until rice and sweet potato are cooked (see notes).



4. PREPARE THE TOPPING

Meanwhile, deseed and slice **cucumber**. Add **almonds** to a dry frypan and toast until golden. Set aside.



5. FINISH AND SERVE

Serve curry rice at the table topped with cucumbers, almonds and **tomato chutney**.

How did the cooking go? We'd love to know - help us by sharing your thoughts! Go to the **My Recipes** tab in your **Profile** and leave a review! Text us on **0481 072 599** or send an email to **hello@dinnertwist.com.au**

