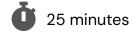
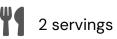


Chipotle Beef

with Charred Corn

Beef mince cooked in a custom-blend chipotle spice mix, served over a light and fresh coleslaw with diced tomato, avocado, charred corn and slices of fresh jalapeño.







Bulk it up!

To get extra servings and bulk up this meal; serve with grains such as quinoa, brown rice, roasted sweet potato or pumpkin, or use the ingredients to make tacos or burritos.

TOTAL FAT CARBOHYDRATES

40g 52g

53g

FROM YOUR BOX

| BEEF MINCE | 300g |
|--------------------|----------|
| CORN COB | 1 |
| BROWN ONION | 1 |
| TOMATO PASTE | 1 sachet |
| CHIPOTLE SPICE MIX | 1 packet |
| AVOCADO | 1 |
| COLESLAW | 1 packet |
| ТОМАТО | 1 |
| JALAPENO | 1 |
| | |

FROM YOUR PANTRY

oil for cooking, olive oil, salt, pepper, apple cider vinegar

KEY UTENSILS

2 frypans

NOTES

Want to skip the extra frypan? Add corn kernels to beef instead of charring.

To dress the coleslaw; switch the vinegar for lime, or make a creamy dressing with yoghurt, sour cream, mayonnaise or aioli.

Remove seeds from jalapeño for a milder heat.





1. BROWN THE BEEF MINCE

Heat a large frypan over medium-high heat. Add **mince** and break up any lumps with back of a cooking spoon. Cook for 5 minutes until mince begins to brown.



2. CHAR THE CORN

Remove **corn** kernels from cob (see notes). Heat a frypan over medium-high heat with **oil**. Add corn and cook for 4-6 minutes, or until charred.



3. SIMMER CHIPOTLE BEEF

Slice **onion** and add to beef. Sauté for 3 minutes to soften onion. Add **tomato paste**, **spice mix** and **3/4 cup water**. Simmer, covered, for 4–6 minutes. Season to taste with **salt and pepper**.



4. DRESS THE COLESLAW

Add 1 tbsp vinegar, 1 tbsp olive oil, salt and pepper (see notes) to a bowl, whisk to combine. Add coleslaw and toss to coat in dressing. 450g coleslaw.



5. PREPARE THE INGREDIENTS

Dice **tomato**. Slice **avocado** and **jalapeño** (see notes).



6. FINISH AND SERVE

Divide coleslaw among shallow bowls. Add chipotle beef, tomato, avocado and charred corn. Garnish with jalapeño.

How did the cooking go? We'd love to know – help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au



