

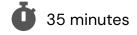




Fajita Chicken

with Avocado Crema

Spiced chicken, roasted veggies, charred corn and crunchy lettuce served on a whipped avocado and jalapeño crema, finished with a squeeze of lime.







Wrap it up!

Add some corn tortillas to serve all the ingredients wrapped up in - it also makes a perfect lunch for the leftovers.

TOTAL FAT CARBOHYDRATES

50g

32g

65g

FROM YOUR BOX

RED ONION	1
GREEN CAPSICUM	1
SWEET POTATO	500g
CORN COB	1
AVOCADOS	2
JALAPEÑO	1
LIME	1
BLACK BEANS	400g
BABY COS LETTUCE	1
CHICKEN SCHNITZELS	600g

FROM YOUR PANTRY

oil for cooking, olive oil, salt, pepper, smoked paprika, ground cumin

KEY UTENSILS

oven tray, large frypan, stick mixer

NOTES

You can add the beans to the tray to roast if you would like to warm them up!





1. ROAST THE VEGGIES

Set oven to 220°C.

Wedge onion, slice capsicum and dice sweet potato (roughly 2-3 cm). Toss on a lined oven tray with 1 tsp smoked paprika, salt, pepper and oil. Roast for 20 minutes.



2. CHAR THE CORN

Heat a large frypan with oil over mediumhigh heat. Remove corn kernels from cob and add to pan. Cook for 5-8 minutes, stirring occasionally until charred. Remove from pan, reserve for step 5.





3. MAKE THE AVOCADO CREMA

Blend avocados, 1/2 chopped jalapeño (slice remaining), lime zest and 1/2 cup water using a stick mixer or blender until smooth. Add more water if needed (it should be thick and spreadable) and season with salt and pepper to taste.



4. PREPARE THE TOPPINGS

Drain and rinse beans, finely shred lettuce. Set aside with charred corn, sliced jalapeño and lime cut into wedges.



5. COOK THE CHICKEN

Thinly slice chicken (or dice). Toss with 2 tbsp olive oil, 2 tsp smoked paprika, 3 tsp cumin, salt and pepper. Reheat frypan over high heat. Add chicken and cook for 5-6 minutes or until cooked through and golden (see notes).



6. FINISH AND SERVE

Spread a layer of avocado crema on 4 dinner plates. Arrange roasted veggies, chicken, and remaining ingredients on top. Garnish with sliced jalapeño and lime wedges.

How did the cooking go? We'd love to know - help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au



