



Product Spotlight: Jalapeño

In the Americas, the use of chilli, including jalapeños, dates back thousands of years, including the practice of smoking some varieties to preserve them.



Fajita Chicken with Avocado Crema

Spiced chicken, roasted veggies, charred corn and crunchy lettuce served on a whipped avocado and jalapeño crema, finished with a squeeze of lime.



35 minutes



2 servings



Chicken

Wrap it up!

Add some corn tortillas to serve all the ingredients wrapped up in – it also makes a perfect lunch for the leftovers.

Per serve:	PROTEIN	TOTAL FAT	CARBOHYDRATES
	46g	37g	85g

FROM YOUR BOX

RED ONION	1
GREEN CAPSICUM	1
SWEET POTATO	500g
CORN COB	1
AVOCADO	1
JALAPEÑO	1
LIME	1
BABY COS LETTUCE	1
CHICKEN SCHNITZELS	300g

FROM YOUR PANTRY

oil for cooking, olive oil, salt, pepper, smoked paprika, ground cumin

KEY UTENSILS

oven tray, large frypan, stick mixer

NOTES

You can add the chicken to the tray to roast if you prefer!



1. ROAST THE VEGGIES

Set oven to 220°C.

Wedge onion, slice capsicum and dice sweet potato (roughly 2-3 cm). Toss on a lined oven tray with **1 tsp smoked paprika, salt, pepper and oil**. Roast for 20 minutes.



2. CHAR THE CORN

Heat a large frypan with **oil** over medium-high heat. Remove corn kernels from cob and add to pan. Cook for 5-8 minutes, stirring occasionally until charred. Remove from pan, reserve for step 5.



3. MAKE THE AVOCADO CREMA

Blend avocado, 1/3 chopped jalapeño (slice remaining), zest from 1/2 lime and **1/4 cup water** using a stick mixer or blender until smooth. Add more **water** if needed (it should be thick and spreadable) and season with **salt and pepper** to taste.



4. PREPARE THE TOPPINGS

Finely shred lettuce. Set aside with charred corn, sliced jalapeño and lime cut into wedges.



5. COOK THE CHICKEN

Thinly slice chicken (or dice). Toss with **1 tbsp olive oil, 1 tsp smoked paprika, 1 1/2 tsp cumin, salt and pepper**. Reheat frypan over high heat. Add chicken and cook for 5-6 minutes or until cooked through and golden (see notes).



6. FINISH AND SERVE

Spread a layer of avocado crema on 2 dinner plates. Arrange roasted veggies, chicken, and remaining ingredients on top. Garnish with sliced jalapeño and lime wedges.



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