



Product Spotlight: Chives

Any leftover chives are delicious in a breakfast omelette! Wrap your chives in a damp paper towel or kitchen towel and store them in a plastic bag or container to prevent them from dehydrating.



Jambalaya Rice with Smoked Pork Sausage

A delicious Cajun rice dish made speedy! Jambalaya rice is also known as jumbled rice – our version has smoked sausage, sweet corn and capsicum, all tossed with a mild Cajun spice mix.



25 minutes



4 servings



Pork

Change the Flavour!

You can add some smoked paprika and ground turmeric or saffron to the rice as well as the Cajun spice mix. This will create more of a Spanish paella dish! Finish with a squeeze of lemon.

Per serve:	PROTEIN	TOTAL FAT	CARBOHYDRATES
	16g	5g	88g

FROM YOUR BOX

ARBORIO RICE	300g
RED CAPSICUM	1
GREEN CAPSCIUM	1
CORN COBS	2
BROWN ONION	1
SMOKED SAUSAGE	2 packets
FAMILY CAJUN SPICE MIX	1 packet
TINNED CHOPPED TOMATOES	400g
CHIVES	1 bunch

FROM YOUR PANTRY

oil for cooking, salt, pepper, vinegar (of choice)

KEY UTENSILS

large frypan, saucepan

NOTES

The rice will continue to cook in step 4, so it is okay to be slightly undercooked after boiling.

The family Cajun spice mix is mild with no chilli. If you prefer a little heat you can add a pinch of cayenne pepper or ground chilli.

Family Cajun spice mix: ground paprika, ground garlic, dried thyme, celery salt.



1. COOK THE RICE

Place **rice** in a saucepan and cover with plenty of water. Bring to a boil and simmer for 8–10 minutes, or until tender (see notes). Drain and rinse.



2. PREPARE THE VEGETABLES

Dice **capsicums** and remove **corn** from cobs. Set aside.



3. SAUTÉ THE SAUSAGE

Dice **onion** and slice **sausage**. Heat a frypan over medium–high heat with **oil**. Add onion and sausage, cook for 3–4 minutes until browned.



4. ADD THE VEGETABLES

Stir in **Cajun spice mix** (see notes). Add prepared vegetables to pan. Cook for a further 5 minutes until softened.



5. STIR IN THE RICE

Stir in **chopped tomatoes** and cooked rice and cook for 5 minutes until heated through. Season to taste with **1 tbsp vinegar, salt and pepper**.



6. FINISH AND SERVE

Slice **chives**. Stir 1/2 through rice and use remaining to garnish.



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