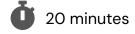




Summer Chicken Cobb Platter

A fresh and flavourful platter with minimal cooking! Sliced chicken breast and soft-boiled eggs on a bed of crisp lettuce with all the trimmings, finished with a drizzle of creamy dressing.





2 servings



Switch it up!

You can use these ingredients to create chicken sandwiches or rolls for lunch during the week!

PROTEIN TOTAL FAT CARBOHYDRATES

28g

FROM YOUR BOX

FREE-RANGE EGGS	6-pack
BABY COS LETTUCE	1
томато	1
AVOCADO	1
CORN COB	1
POTATO SALAD DRESSING	1 sachet
COOKED CHICKEN BREAST	1 packet

FROM YOUR PANTRY

salt, pepper, dried thyme

KEY UTENSILS

saucepan

NOTES

Cook the eggs straight from the fridge for 6-7 minutes for a soft boiled egg, leave in for 8-9 minutes for a hard boiled yolk.

Add any toasted nuts, croutons, fresh herbs or cheese if preferred!



1. COOK THE EGGS

Bring a medium saucepan of water to a boil. Add eggs and cook for 6-7 minutes (see notes). Cool under running cold water.



2. PREPARE THE SALAD

Chop and rinse **lettuce leaves**. Arrange on the base of a serving platter. Wedge **tomato**, dice **avocado** and remove **corn** from cob. Arrange on top of lettuce.



3. PREPARE THE DRESSING

Combine potato salad dressing with 1-2 tbsp water and 1 tsp dried thyme. Season with salt and pepper.



4. ADD CHICKEN AND EGGS

Peel and halve eggs and season with salt and pepper. Arrange on salad with cooked chicken.



5. FINISH AND SERVE

Serve chicken platter with dressing to taste (see notes).



