





Pasta Bake

with Ricotta and Prosciutto

Mamma mia, this pasta dish is a dream come true! Sweet potato, ricotta cheese, crispy prosciutto, local & seasonal veggies and a lovely tomato sauce to bind it all together. Grazie!







You can skip the oven in this dish. Instead, fry the prosciutto in a frypan and serve on top of the pasta along with dollops of fresh ricotta.

PROTEIN TOTAL FAT CARBOHYDRATES Per serve: 226g

FROM YOUR BOX

SHORT PASTA	500g
BROWN ONION	1
SWEET POTATO	400g
YELLOW CAPSICUM	1
BABY SPINACH	60g
CHOPPED TOMATOES	400g
RICOTTA CHEESE	250g
PROSCIUTTO	100g
OREGANO	1 packet

FROM YOUR PANTRY

oil for cooking, salt, pepper, dried Italian herbs (see notes)

KEY UTENSILS

large ovenproof frypan (or frypan + ovenproof dish), saucepan

NOTES

If you don't have dried Italian herbs, you can use dried sage, oregano, basil, rosemary or thyme.

No gluten option - pasta is replaced with GF pasta.





1. COOK THE PASTA

Set the oven to 220°C.

Bring a saucepan of water to a boil. Add 1/2 packet pasta and cook according to packet instructions or until al dente. Drain, reserving 1/4 cup pasta water.



2. COOK THE ONION

Heat a large frypan with **oil** over mediumhigh heat. Slice and add onion, cook for 4 minutes. Dice and add sweet potato with **1tsp dried Italian herbs**.



3. ADD THE VEGETABLES

Dice capsicum, wash and chop spinach. Add to pan with tinned tomatoes and 1/2 tin water. Simmer, covered, for 5 minutes.



4. MIX AND BAKE PASTA

Add cooked pasta and reserved pasta water to pan, mix well and season with salt and pepper. Dot with ricotta, torn prosciutto and half the roughly chopped oregano leaves. Place in oven for 10-15 minutes or until golden and heated through.



5. FINISH AND PLATE

Serve pasta bake in bowls and sprinkle with remaining oregano.

How did the cooking go? We'd love to know - help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au



