





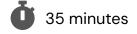
Product Spotlight: Kitchen 2 Kitchen

Kitchen 2 Kitchen is WA family owned and operated business. They have years of experience running continental gourmet delis, and know how to select the finest cheeses and antipasto for your family's table.



Hawaiian Chicken Loaded Wedges

Sweet potato wedges topped with precooked chicken, juicy pineapple pieces, capsicum and melty cheddar cheese. Finished with a sprinkle of sliced spring onions.





2 servings



Spice it up!

You can use smoked paprika, a premade Mexican or Cajun spice mix on the wedges instead of ground paprika if preferred!

Per serve: PROTEIN TOTAL FAT CARBOHYDRATES

g 42g

g

6g

FROM YOUR BOX

SWEET POTATOES	500g
TINNED PINEAPPLE PIECES	225g
PRECOOKED CHICKEN	1 packet
SPRING ONIONS	1 bunch
RED CAPSICUM	1
GRATED CHEDDAR CHEESE	1 packet

FROM YOUR PANTRY

oil for cooking, salt, pepper, smoked paprika

KEY UTENSILS

oven tray

NOTES

Use the toppings and cheese to taste. Any leftovers can be used in a toastie!



1. ROAST THE WEDGES

Set oven to 220°C.

Cut sweet potatoes into wedges and toss on a lined oven tray with 1 tsp smoked paprika, oil, salt and pepper. Roast in oven for 20-25 minutes until cooked through (see step 3).



4. FINISH AND SERVE

Garnish wedges with reserved spring onion tops and serve at the table.



2. PREPARE THE TOPPINGS

Drain pineapple. Tear chicken and slice spring onions (reserve some green tops for garnish). Dice capsicum (see notes).



3. ASSEMBLE THE WEDGES

Remove wedges from oven and scatter with prepared toppings. Top with cheddar cheese. Return to oven for 5-10 minutes until cheese is melted and bubbling.



