



Product Spotlight: Corn

Keep your corn in their husks and store in the fridge for up to 5 days. For longer storage, cut off the kernels and freeze in an airtight container.



Beef Fajita Pasta

A fun, flavour-packed beef fajita pasta loaded with beef strips, colourful veggies, and pasta in a zesty tomato sauce, with fresh lime wedges for a tasty twist the whole family will love!



30 minutes



2 servings



Beef

Switch it up!

Make the pasta sauce creamy! Stir sour cream, cream cheese or cooking cream through the sauce at the end. Or toss pasta through the original sauce, transfer to an oven dish and top with shredded cheese to make a fajita pasta bake!

Per serve:	PROTEIN	TOTAL FAT	CARBOHYDRATES
	49g	22g	89g

FROM YOUR BOX

SHORT PASTA	1 packet
BROWN ONION	1
GREEN CAPSICUM	1
CORN COB	1
GARLIC CLOVE	1
BEEF STIR FRY STRIPS	300g
MEXICAN SPICE MIX	1 packet
TINNED CHERRY TOMATOES	400g
LIME	1

FROM YOUR PANTRY

oil for cooking, salt, pepper

KEY UTENSILS

large frypan, saucepan

NOTES

Add a can of drained black beans or kidney beans for extra heartiness.

Top the pasta with crushed corn chips, diced avocado or guacamole and fresh coriander leaves. For some spice add jalapeño, or drizzle with chipotle mayo or your favourite hot sauce.

No gluten option – pasta is replaced with GF pasta.

Mexican spice mix: smoked paprika, ground cumin, dried oregano.



1. COOK THE PASTA

Bring a saucepan of water to a boil. Add **1/2 packet pasta** and cook according to packet instructions or until al dente. Reserve **1/2 cup cooking liquid** and drain **pasta**.



2. PREPARE THE INGREDIENTS

Slice **onion** and dice **capsicum**, remove **corn kernels** from cob and crush **garlic**.



3. BROWN THE BEEF STRIPS

Heat a large frypan over high heat with **oil**. Season **beef strips** with **salt and pepper**. Add, to pan, (in batches if necessary) and cook for 2 minutes until browned. Remove to a plate. Keep pan over heat and reduce to medium-high heat for step 4.



4. SIMMER THE SAUCE

Add extra **oil** to pan as necessary. Add **onion, capsicum, garlic** and **corn**. Sauté for 5 minutes until softened. Add **spice mix** and cook for a further 1 minute. Add **cherry tomatoes** (see notes). Simmer for 5 minutes.



5. ADD PASTA & TOSS

Add **beef strips, pasta** and **cooking liquid** to the **sauce**. Toss to combine. Remove from heat and add **lime zest** (wedge remaining lime to serve). Season to taste with **salt and pepper**.



6. FINISH AND SERVE

Divide **pasta** among bowls. Serve with **lime wedges** (see notes).



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