





## Yakitori Chicken Skewers

### with Sweet Potato Chips

Diced chicken coated in ramen marinade from The Ugly Mug, cooked yakitori style and served with fresh crunchy coleslaw and sweet potato chips.





4 servings



# Spice it up!

To spice up the marinade add white pepper, dried chilli flakes, some togarashi or Japanese or English hot mustard.

PROTEIN TOTAL FAT CARBOHYDRATES 38g

115g

#### **FROM YOUR BOX**

GINGER	1 piece
RAMEN MARINADE	100g
DICED CHICKEN BREAST	300g
SWEET POTATOES	800g
SPRING ONIONS	1 bunch
RED CAPSICUM	1
COLESLAW	500g

#### FROM YOUR PANTRY

oil for cooking, olive oil, salt, pepper, white wine vinegar, skewers (see notes)

#### **KEY UTENSILS**

BBQ (or griddle pan), oven tray

#### **NOTES**

If you are using wooden skewers soak them in water to help prevent them from burning.



#### 1. MARINATE THE CHICKEN

Set oven to 220°C.

Grate **ginger**. Add to a bowl along with **ramen marinade**.

Combine **chicken** with <u>11/2 tbsp prepared</u> marinade in a bowl.



#### 2. ROAST THE WEDGES

Cut **sweet potatoes** into wedges. Toss on a lined oven tray with **oil**, **salt and pepper**. Roast for 20-25 minutes until golden and tender.



#### 3. MAKE THE SKEWERS

Cut **spring onions** into 3cm pieces (reserve some green tops for step 5) and cut **capsicum** into evenly sized pieces. Thread onto **skewers** with chicken.



#### 4. BBQ THE SKEWERS

Heat a BBQ over medium-high heat with oil. Add skewers and cook, turning, for 8-10 minutes until chicken is cooked through.



#### 5. TOSS THE COLESLAW

Toss **coleslaw** and reserved spring onion green tops in a large bowl with **1 tbsp olive oil**, **1 tbsp vinegar**, **salt and pepper**.



#### 6. FINISH AND SERVE

Divide sweet potato wedges, chicken skewers and coleslaw among plates. Serve with remaining ramen marinade for dipping.



How did the cooking go? We'd love to know – help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au



