





# **Chicken Noodle Stir-Fry**

This better-than take-out chicken stir-fry is quick and delicious! A Ginger and lime hoisin sauce is tossed through the noodles and packed with veggies and chicken!





4 servings



# Spice it up!

To spice it up, serve this dish with your favourite hot sauce, a sprinkle of dried chilli flakes or slices of fresh red chilli!

PROTEIN TOTAL FAT CARBOHYDRATES

#### FROM YOUR BOX

WHEAT NOODLES	2 x 200g
GINGER	1 piece
GARLIC CLOVES	2
LIME	1
HOISIN SAUCE	1 packet
RED CAPSICUM	1
CARROTS	2
SNOW PEAS	150g
CHICKEN STIR FRY STRIPS	600g
PEANUTS	40g

#### FROM YOUR PANTRY

oil for cooking, soy sauce (or tamari), pepper

#### **KEY UTENSILS**

large frypan, saucepan

#### **NOTES**

For extra sweetness, substitute the soy sauce with kecap manis and add honey, sweet chilli sauce, maple syrup or sugar of choice.

Use a wok to stir-fry if you have one! You can use sesame oil instead of cooking oil for extra flavour.

No gluten option - noodles are replaced with rice noodles. Cook according to packet instructions or until all dente.



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#### 1. COOK THE NOODLES

Bring a saucepan of water to a boil. Add **noodles** and cook according to packet instructions or until al dente. Drain and rinse well with cold water to stop the cooking process.



#### 2. MAKE THE SAUCE

Peel and grate **ginger**. Crush **garlic**. Zest **lime** and juice 1/2 (wedge remaining). Add to a bowl along with **hoisin** and **1 tbsp soy sauce** (see notes).



#### 3. PREPARE THE VEGETABLES

Slice **capsicum** and **carrots**. Trim and slice **snow peas**.



## 4. COOK THE CHICKEN

Heat a large frypan (see notes) over medium-high heat with **oil**. Coat **chicken** with **1 tbsp soy sauce** and **pepper**. Add to pan and stir-fry for 4 minutes until golden. Remove and keep pan over heat.



## **5. STIR-FRY THE VEGGIES**

Add prepared veg and cook for 2 minutes. Add noodles, chicken and sauce. Stir-fry for 2 minutes. Season to taste with **soy sauce** and **pepper**.



#### 6. FINISH AND SERVE

Roughly chop peanuts.

Divide stir fry among bowls. Top with peanuts and serve with lime wedges.

How did the cooking go? We'd love to know - help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au



