



DINNER TWIST  
LOCAL, HEALTHY, DELIVERED



### Product Spotlight: Mint

Mint is frequently used in various industries in the production of baked goods, chocolates and chewing gums as well as various lotions, perfumes and shampoos!



## 4 Barbecue Lamb Pizza

Better than the pizza shop.....or that is what we think! Lamb mince cooked with BBQ sauce, cherry tomatoes and feta cheese with a fresh mint & snow pea topping.

 25 minutes

 2 servings

 Lamb

10 September 2021

## Make a Calzone!

Make a calzone by layering the filling on one half of the bread, fold, brush with a little oil and toast in a frypan until golden on both sides (add some extra cheese if you have!)

## FROM YOUR BOX

|                     |                  |
|---------------------|------------------|
| LAMB MINCE          | 200g             |
| SPRING ONIONS       | 1/4 bunch *      |
| BBQ SAUCE           | 3/4 bottle *     |
| CHERRY TOMATOES     | 1/2 bag (100g) * |
| ZUCCHINI            | 1/2 *            |
| FETA CHEESE         | 1/2 packet *     |
| SNOW PEAS           | 1/2 bag (75g) *  |
| MINT                | 1 packet         |
| LEBANESE FLATBREADS | 1 packet         |

*\*Ingredient also used in another recipe*

## FROM YOUR PANTRY

olive oil, salt, pepper, ground cumin, red wine vinegar

## KEY UTENSILS

frypan, oven tray

## NOTES

If you are not a fan of mint – try adding it to a fresh green juice or smoothie instead! Also delicious in an exotic fruit salad!

Use 2-3 flatbreads to make pizzas. The rest can be frozen, made into quesadillas or pita chips!

**No lamb option** – lamb mince is replaced with chicken mince. Add 1/2 tbsp oil to pan at the start of step 1.

**No gluten option** – flatbreads are replaced with GF flatbreads.



### 1. COOK THE MINCE

Set oven to 220°C.

Heat a frypan over medium-high heat. Add mince and cook for 5 minutes, until browned. Slice and add spring onions along with **1 tsp cumin**. Cook for 2 minutes then stir through 2 tbsp BBQ sauce.



### 2. PREPARE THE TOPPINGS

Halve or quarter cherry tomatoes and slice zucchini. Place on a plate with crumbled feta (use to taste).



### 3. MAKE THE GARNISH

Slice snow peas and roughly chop mint leaves (see notes). Toss together with **2 tsp olive oil and 1 tsp vinegar, salt and pepper**.



### 4. COOK THE PIZZAS

Spread each flatbread with 1 tbsp BBQ sauce (see notes). Divide mince and toppings over bases and bake for 5 minutes until crispy and heated through.



### 5. FINISH AND SERVE

Top each pizza with the fresh garnish and slice to serve.

**How did the cooking go?** We'd love to know – help us by sharing your thoughts! Go to the **My Recipes** tab in your **Profile** and leave a review! Text us on **0481 072 599** or send an email to [hello@dinnertwist.com.au](mailto:hello@dinnertwist.com.au)

