



### Product Spotlight: Avocado

Is your avocado not ripe yet? Put it in a paper bag for 2-4 days to speed up the process. Adding a banana or apple will make it even quicker!



## Beef Mexiburgers

### with Grilled Corn

Grilled beef burgers with a Mexican twist! Lime guacamole, sweet and smoky paprika and a beef patty, loaded in soft hamburger buns from Abhi's bakery, served with charred corn on the cob.



20 minutes



4 servings



Beef

## Keep it simple!

*Instead of making the guacamole and cooked paprika you can slice and serve all the fillings fresh! Add some cheese or lettuce if desired.*

Per serve:	PROTEIN	TOTAL FAT	CARBOHYDRATES
	35g	21g	49g

## FROM YOUR BOX

CORN COBS	2
RED ONION	1
RED PAPRIKA	1
LIME	1
AVOCADOS	2
HAMBURGER BUNS	4
BEEF HAMBURGERS	4-pack

## FROM YOUR PANTRY

oil for cooking, salt, pepper, smoked paprika, ground cumin

## KEY UTENSILS

griddle pan (or frypan), frypan

## NOTES

You can use a pre-made Mexican spice mix if you have one, or leave the spices out if preferred.

If you're making burgers for little kids, try removing some of the middle section of the bun to make it shorter and easier for them to eat

**No gluten option - hamburger buns are replaced with gluten-free burger buns.**



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### 1. GRILL THE CORN

Heat a griddle pan or frypan over high heat. Cut **corn** into cobettes, coat with **oil, salt and pepper**. Cook, turning occasionally, for 8-10 minutes until charred. Set aside (keep pan for step 4).



### 2. COOK THE PAPRIKA

Heat a frypan over medium-high heat with **oil**. Slice **onion** and **paprika**. Add to pan along with **2 tsp smoked paprika** and **1 tsp cumin** (see notes). Cook for 6-8 minutes until softened.



### 3. PREPARE THE GUACAMOLE

Zest **lime** and set aside (for corn). Mash **avocados** with juice from 1/2 lime (wedge remaining). Season with **salt and pepper**.



### 4. TOAST BUNS (OPTIONAL)

Cut **burger buns** in half and drizzle with **oil** (see notes). Toast (in batches), cut side down on griddle pan for 1 minute.



### 5. COOK THE BURGERS

Coat **hamburgers** with **oil, salt and pepper**. Cook on griddle pan for 3-4 minutes each side or until cooked through.



### 6. FINISH AND SERVE

Assemble burger buns with guacamole, beef patty, cooked paprika and onion. Sprinkle corn with lime zest and serve with lime wedges.

**How did the cooking go?** We'd love to know - help us by sharing your thoughts! Go to the **My Recipes** tab in your **Profile** and leave a review! Text us on **0481 072 599** or send an email to **hello@dinnertwist.com.au**

