

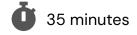




BBQ Chicken Drumsticks

with Wedges

Smoky BBQ rubbed chicken drumsticks with garlic and pepper berry, served alongside crispy potato wedges with a parsley and orange dressing. Full of flavour and tastiness!





4 servings



Make a salsa verde!

You can chop the parsley and combine it with the remaining dressing ingredients instead of blending! Add some chopped capers if you have some.

PROTEIN TOTAL FAT CARBOHYDRATES

58g

FROM YOUR BOX

MEDIUM POTATOES	1kg
OZZIE BBQ SPICE RUB	1 sachet
CHICKEN DRUMSTICKS	8-pack
ORANGES	2
PARSLEY	1 packet
GARLIC CLOVE	1
AVOCADO	1
CARROT	1
MESCLUN LEAVES	120g

FROM YOUR PANTRY

oil for cooking, olive oil, salt, pepper, dijon mustard, vinegar of choice

KEY UTENSILS

2 oven trays, stick mixer or blender

NOTES

You can cook the drumsticks on the BBQ if preferred!

Sweeten the dressing with a dash of honey or sugar if preferred.



1. ROAST THE POTATOES

Set oven to 250°C.

Cut potatoes into wedges, toss on a lined oven tray with 1/2 the BBQ rub and oil. Cook in the oven for 20-25 minutes until golden and crispy.



2. ROAST THE CHICKEN

Slash chicken drumsticks in 3-4 places. Rub with remaining BBQ rub and **oil.** Place on a lined tray and cook for 20-25 minutes or until cooked through (see notes).



3. MAKE THE DRESSING

Zest an orange to yield 2 tsp. Place into a jug with juice from 1/2 orange, roughly chopped parsley and garlic, 1 tsp mustard, 1/2 tbsp vinegar and 3 tbsp olive oil. Using a stick mixer, blend until smooth and season with salt and pepper (see notes).



4. MAKE THE SALAD

Dice remaining orange. Slice avocado and ribbon carrot using a peeler. Toss together with mesclun leaves and <u>2 tbsp dressing</u>.



5. FINISH AND SERVE

Serve chicken with wedges, salad and remaining dressing.



How did the cooking go? We'd love to know – help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au



