





fRieD Rice with Chicken

Delicious, quick and family-friendly fried rice, topped with mild sweet chilli chicken strips and crunchy cashew nuts.







FROM YOUR BOX

BASMATI RICE	300g
CHICKEN STIR-FRY STRIPS	600g
SPRING ONIONS	1 bunch
GINGER	1 piece
GARLIC CLOVES	2
COLESLAW	250g
LEBANESE CUCUMBERS	2
CASHEW NUTS	80g

FROM YOUR PANTRY

sesame oil (or other), soy sauce, sweet chilli sauce

cooking tools

saucepan, large frypan

Before you start cooking!



1 cook the Rice

Place rice in a saucepan, cover with 600ml water. Bring to a boil, cover with a lid and reduce heat to low. Cook for 10-15 minutes or until water is absorbed.

Use a rice cooker if you have one!



4 aDD the Rice & Sauce

Add 1-2 tbsp sweet chilli sauce and 2 tbsp soy sauce (use to taste) to pan and combine well. Stir through cooked rice.

Adjust seasoning to taste! You can add a little sweetness or more sweet chilli sauce!



2 cook the chicken

Heat a frypan with oil over high heat. Add **chicken** and cook for 6-7 minutes or until cooked through. Season with 1 tbsp sweet chilli and 1 tbsp soy sauce. Remove from pan.

You can use honey instead of sweet chilli if you prefer a honey soy chicken.



5. finish and serve

Dice or slice cucumbers.

Serve chicken on top of fried rice and scatter over cashew nuts, any reserved spring onion tops and cucumber. Serve at the table.



3 Saute the VegetaBleS

Meanwhile, slice spring onions, grate ginger (roughly 1/2-1 tbsp) and crush garlic.

Add to frypan along with coleslaw mix and more oil if needed. Cook for 5 minutes or until softened.

Reserve some spring onion tops for garnish if you like!



