

for the
little ones

CaRAMEL PoRK

Mild, sweet caramel pork served on sticky rice is a quick and yummy dinner that the kids will love.



20 Minutes



4 Servings



PORK

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FROM YOUR BOX

SUSHI RICE	300g
HONEY SHOTS	2
HOISIN SAUCE	50ml
GARLIC CLOVES	2
KAI LAN	1 bunch
CARROTS	2
LEBANESE CUCUMBERS	2
PORK MINCE	1 packet
FRIED SHALLOTS	20g

FROM YOUR PANTRY

sesame oil (or other), soy sauce, cornflour

COOKING TOOLS

large frypan, saucepan

You can switch up this dish by serving it in lettuce cups, making fried rice or using the mince to make meatballs.

Before you start cooking!

Rinse your veggies and lay out all your ingredients, utensils and cooking equipment, such as pans, chopping board and knife.



1. COOK THE STICKY RICE

Rinse **sushi rice**. Place in a saucepan with **650ml water**. Cover and bring to a boil. Reduce heat to medium-low. Cook, semi-covered, for 20 minutes until rice is tender and water is absorbed.

tip Use a rice cooker if you have one!



2. MAKE THE SAUCE

Whisk together **honey**, **hoisin sauce**, **1 crushed garlic clove**, **1 tbsp soy sauce**, **1 tsp cornflour** and **1/3 cup water**.

tip Add 1-2 tsp Chinese 5 spice for extra flavour.



3. PREPARE THE VEGGIES

Trim and slice **kai lan**. Julienne or cut **carrots** into sticks and dice **cucumbers**. Keep separate.

tip To trim kai lan, cut off about 2cm from the bottom of the stems.



4. COOK THE KAI LAN

Heat a large frypan with **sesame oil** over high heat. Add kai lan and crush in remaining garlic clove. Cook for 4-5 minutes or until cooked to your liking. Remove to a serving plate and keep frypan over high heat.



5. COOK THE PORK

Add **pork mince** to pan (add more **oil** if needed). Cook, breaking the mince up, until sealed. Pour in sauce and cook for a further 5-6 minutes or until sauce has thickened.



6. FINISH AND SERVE

Serve pork and pan sauces over sticky rice with a side of carrot, cucumber and cooked kai lan. Sprinkle with **fried shallots** to taste.

tip Add some fresh chilli or chilli oil if you love a bit of heat!