





Sweet Mango Pork Patties

Juicy pork patties get a tropical twist with mango chutney, roasted veggies and a creamy yoghurt dip.







FROM YOUR BOX

BABY POTATOES	600g
CARROTS	2
SHALLOT	1
NATURAL YOGHURT	1 tub
MANGO CHUTNEY	3 x 45g
PORK MINCE	500g
CHIVES	1 bunch

FROM YOUR PANTRY

oil for cooking, salt, pepper, ground cumin

COOKING tooLS

oven dish, large frypan

This recipe makes more than 2 serves of pork patties. Cook all and any leftovers are delicious served in wraps with some fresh lettuce.

Before you start cooking!
Rinse your veggies and lay out al
your ingredients, utensils and
cooking equipment, such as pans



1. Roast the vegetables

Set oven to 220°C. Quarter **baby potatoes**, cut **carrots** into bite-sized pieces and wedge **shallot**. Toss on a lined tray with **oil**, **salt** and **pepper**. Roast for 25–30 minutes.



Add 1/2 tsp curry powder or cumin seeds for extra flavour!



4 cook the PattieS

Heat a frypan with **oil** over mediumhigh heat. Add the **patties** and cook for 3–4 minutes each side or until golden and just cooked through.



2. Make the yoghuRt DiP

Mix yoghurt with 45g mango chutney in a small bowl. Season with salt and pepper to taste. Set aside in the fridge until serving.



3. PRepare the Patties

In a bowl, mix pork mince with 45g mango chutney, salt, pepper and 1 tsp ground cumin. Shape into 8 patties using your hands.



Chop and add some chives to the pork if you like!



5. Glaze the Pork Patties

Stir in **45g mango chutney** and turn **patties** to coat. Take off heat.



5. finish and serve

Serve **roasted veggies** and **patties** with a big spoonful of **mango yoghurt dip** and sprinkle with chopped **chives**.



Serve with a fresh garden salad if you like!