



FOR the  
Little ones

CHERRY  
TOMATOES



CORN  
COBETTES

Sausage, Potato &  
Tomato Sauce



## Sausage one-tray Dinner

A simple one-tray dinner of mildly spiced sausage coil with golden baby potatoes, sweet corn and juicy tomatoes.



40 Minutes



Beef



4/6 Servings

	PROTEIN	TOTAL FAT	CARBOHYDRATES
Per serve :	17g/18g	29g/38g	32g/39g
4/6-person:			

## FROM YOUR BOX

	4 PERSON	6 PERSON
BABY POTATOES	800g	1.2kg
CORN COB	1	2
RED ONION	1	1
CHERRY TOMATOES	200g	2 x 200g
BEEF SAUSAGE COIL	600g	600g + 300g
PERI PERI SPICE MIX	1 tub	2 tubs
LEMON	1	1
PARSLEY	1 packet	1 packet
AIOLI	1 sachet	2 sachets

## FROM YOUR PANTRY

oil for cooking, salt, pepper

## COOKING TOOLS

oven tray

Skip the spice mix and use herbs like oregano or rosemary instead!

### Before you start cooking!

Wash your veggies and set out all ingredients, pans, chopping board and knife.

*Peri peri spice mix: smoked paprika, ground coriander, dried oregano, brown sugar, ground onion powder, garlic powder.*



### 1. Roast the Potato

Set oven to **220°C**. Halve **potatoes** and toss with **oil, salt and pepper** on a lined oven tray. Roast for 10 minutes to get them started while preparing the remaining ingredients.



### 4. Prepare the Garnish

Chop **parsley** and cut remaining **1/2 lemon** into wedges. Transfer **aioli** to a small bowl. Set aside in the fridge until serving.



### 2. Prepare the Veggies

Cut **corn cob** into quarters and cut **red onion** into wedges. Rinse **cherry tomatoes**.

**tip** You can add other favourite vegetables such as sweet potato, zucchini or capsicum to the tray.



### 5. Finish and Serve

Scatter **parsley** over the **traybake** and serve at the table with **lemon wedges and aioli**.



### 3. Complete the Tray Bake

Remove tray from oven. Add **sausage coil, corn, red onion and tomatoes**. Sprinkle with **peri peri spice mix**, drizzle with **oil** and squeeze over **juice from 1/2 lemon**. Return to oven and roast for **20 minutes** or until golden, turning **sausage** once.

**6P** - use a second tray for the **sausage and vegetables**.