

for the
little ones

Mexican SPUDS



40 Minutes



4 Servings



Beef

Stuffed potato boats with Mexican style beef, fresh salad ingredients, mashed avo, mild salsa and a dollop of sour cream.

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FROM YOUR BOX

MEDIUM POTATOES	1kg
BABY COS LETTUCE	1
TOMATOES	2
AVOCADO	1
BEEF MINCE	600g
MILD SALSA	1 jar
SOUR CREAM	1 tub

FROM YOUR PANTRY

oil for cooking, olive oil, salt

COOKING TOOLS

oven tray, large frypan

For a quicker dish you can cut the potatoes into wedges to roast. Pile up the toppings and serve as loaded wedges. Another option is to wrap them in foil and roast until soft. Serve as a jacket potato (these can also be prepared in the air fryer!)

Before you start cooking!

Rinse your veggies and lay out all your ingredients, utensils and cooking equipment, such as pans, chopping board and knife.



1. Roast the Potatoes

Halve potatoes and arrange cut side down on a lined oven tray. Rub with **oil** and **salt**. Roast for 30–35 minutes or until golden and tender.



4. Cook the Beef

Heat a large frypan with a little **oil** over medium-high heat. Add beef mince and cook for 6 minutes, using a spatula to break up any lumps. Stir in 2/3 jar salsa. Warm through.

tip Instead of salsa, you can use tomato paste and spices like smoked paprika or cumin.



2. Prepare the Fresh Components

Trim and shred lettuce. Dice tomatoes.



3. Mash the avocado

Mash avocado with **1–2 tsp olive oil** using a fork. Season with **salt** to taste.

tip Dice the avocado if you prefer! You can also add 1/2 tsp ground cumin for extra flavour.



5. Finish and Serve

Press down the middle of each potato slightly with a fork. Arrange on plates, pile on meat and salad ingredients. Serve with mashed avocado, remaining salsa and a dollop of sour cream.