



Sweet & Sour Chicken

Classic sweet & sour chicken finished with cashew nuts and served over rice.







FROM YOUR BOX

BASMATI RICE	300g
RED CAPSICUM	1
SNOW PEAS	150g
DICED CHICKEN BREAST	600g
KAFFIR LIME LEAVES	2
TINNED PINEAPPLE	440g
CASHEW NUTS	1 packet

FROM YOUR PANTRY

sesame oil (or other), sweet chilli sauce, white wine vinegar, cornflour, soy sauce

COOKING tool S

saucepan/rice cooker, large pan or wok

Before you start cooking!



1 Cook the Rice

Place rice in a saucepan, cover with 600ml water. Bring to a boil, cover with a lid and reduce heat to low. Cook for 10-15 minutes or until water is absorbed.

Use a rice cooker if you have one!



2 PRePare the Veggies & Sauce

Chop capsicum and trim snow peas.

For the sauce, mix 1 cup water, 1 tbsp cornflour, 1/3 cup sweet chilli sauce, 1 tbsp soy sauce and 2 tbsp vinegar.

Sweet chilli sauce can vary in heat. If you're unsure, start with 1/4 cup.



3. Seal the Chicken

Heat a large frypan (or wok) with 1/2 tbsp oil over medium-high heat. Add chicken and cook, stirring, until sealed.

Cook chicken over high heat to help make it golden.



4 aDD the veggies

Tear and add kaffir lime leaves and capsicum to pan, cook for 2-3 minutes. Stir in pineapple pieces and juice.

Keep capsicum (and snow peas) fresh and serve on the side if you like!



5. Stir in the Sauce & Snow Peas

Pour in the prepared sauce and stir until thickened. Add snow peas.

Season with soy sauce, sweet chilli sauce and pepper to taste!



6. finish and serve

Serve sweet & sour chicken with rice and top with chopped cashew nuts.