











Chicken and noodles served san choy bau style in lettuce cups topped with crunchy peanuts and fresh colourful veggies, perfect for the whole family.

FROM YOUR BOX

| BABY COS LETTUCE | 2 |
|------------------|----------|
| CARROTS | 2 |
| YELLOW CAPSICUM | 1 |
| PEANUTS | 1 packet |
| CHICKEN MINCE | 600g |
| SPRING ONIONS | 1 bunch |
| GARLIC CLOVES | 2 |
| WHEAT NOODLES | 1 packet |
| LIME | 1 |
| | |

FROM YOUR PANTRY

sesame oil, soy sauce, sweet chilli sauce

COOKING tooLS

large saucepan, large frypan

You can use a teriyaki sauce instead to flavour the chicken and noodles!

Before you start cooking!

Rinse your veggies and lay out all your ingredients, utensils and cooking equipment, such as pans, chopping board and knife.

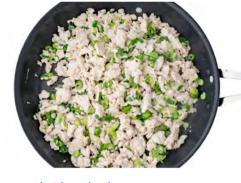
No gluten option - noodles are replaced with rice noodles.



1. PRePare the ingredients

Bring a saucepan of water to a boil (for the noodles).

Separate and rinse lettuce leaves, julienne carrots and slice (or dice) capsicum. Set aside with peanuts.



2. Cook the Chicken

Heat a large frypan with **sesame oil** over medium-high heat. Add chicken mince and cook for 3-4 minutes breaking up lumps with a spatula. Slice and add spring onions.

Keep some green spring onion tops for garnish if you like!



3. SeaSon the Chicken

Crush in garlic and season chicken with 1-2 tbsp soy sauce and 1-2 tbsp sweet chilli sauce (to taste). Cook for a further 5 minutes.



4. cook the NooDleS

Meanwhile, add noodles to the boiling water and cook until tender. Drain and rinse in water.



5. toss noodles & chicken

Toss noodles with chicken in the pan to combine well. Squeeze in juice from 1/2 lime and adjust seasoning to taste with soy sauce and sweet chilli sauce.

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Serve chicken and noodles separately if preferred.



6. PRepare the fresh ingredients

Serve chicken noodles with lettuce cups, toppings and remaining lime cut into wedges.



You can finely shred the lettuce instead to serve if you prefer!