

FOR the
Little ONESRisotto with
ShREDDed chicken

Lemon Chicken Risotto

Golden lemon chicken served on a cheesy risotto topped with chives and parmesan.

 30 Minutes 2 Servings Chicken

How did the cooking go? Go to the **My Recipes** tab in your **Profile** and leave a review or email hello@dinnertwist.com.au

FROM YOUR BOX

BROWN ONION	1
COURGETTES	2
CHICKEN STOCK PASTE	1 small jar
ARBORIO RICE	150g
LEMON	1
DICED CHICKEN BREAST	300g
PARMESAN CHEESE	1 packet (125g)
CHIVES	1 bunch

FROM YOUR PANTRY

oil/butter for cooking, salt, pepper

COOKING TOOLS

frypan with lid, frypan

You can boost the risotto with extra veggies like cauliflower, pumpkin, peas or green beans!

Before you start cooking!

Rinse your veggies and lay out all your ingredients, utensils and cooking equipment, such as pans, chopping board and knife.



1. SAUTE THE ONION & COURGETTES

Peel and dice onion. Heat a pan with **2 tbsp oil/butter** over medium heat. Add onion to cook for 3 minutes. Finely grate and add courgettes with 1/2 jar stock paste. Cook for 1 minute.

tip Peel the courgettes to hide them from the kids! Add garlic for extra flavour!



4. COOK THE CHICKEN

Heat a frypan over medium-high heat. Add lemon chicken and cook for 8-10 minutes, turning occasionally, or until golden and cooked through.

tip Make chicken skewers if the kids prefer!



2. SIMMER THE RISOTTO

Add rice and stir to coat. Pour in **2 1/2 cups water**. Bring to a boil, semi-cover and simmer over medium heat until water has been absorbed (about 15-20 minutes). See step 5.



5. FINISH THE RISOTTO

Stir 1/3 packet parmesan cheese into the risotto and adjust seasoning with **salt and pepper** to taste.

tip Add more liquid to the risotto if needed for desired consistency!



3. MARINATE THE CHICKEN

Zest lemon to yield 1 tsp. Combine with **1-2 tbsp oil, salt and pepper** in a bowl. Toss in chicken to coat.

tip For more flavour, add 1 tsp dried Italian herbs or another herb of choice.



6. FINISH AND SERVE

Serve the risotto topped with lemon chicken (or on the side!), chopped chives and extra parmesan at the table. Cut remaining lemon into wedges to serve.

tip Serve with a fresh side salad, some sautéed asparagus or green beans if desired!