





Chicken Nuggets







Golden chicken nuggets served with roasted potato discs, veggie sticks and a herby dipping sauce.

FROM YOUR BOX

MEDIUM POTATOES	3
YELLOW CAPSICUM	1
LEBANESE CUCUMBER	1
CHERRY TOMATOES	200g
AIOLI	100g
BUSH HERB MIX	1 sachet
CHICKEN MINCE	300g
PANKO CRUMBS	40g

FROM YOUR PANTRY

oil/butter for cooking, salt

cooking tools

oven tray, large frypan

You can cook the nuggets in an airfryer if you prefer! You can also make meatballs instead.

Before you start cooking!

Rinse your veggies and lay out all your ingredients, utensils and cooking equipment, such as pans, chopping board and knife.

No gluten option - panko crumbs are replaced with almond meal. Use as per recipe instructions



1 Roast the Potatoes

Set oven to 220°C.

Cut potatoes into rounds (about 0.5cm thick). Toss with **oil** and **salt** on a lined tray. Roast for 20-25 minutes or until golden and cooked through.

tiP

Make wedges or chips instead, if you prefer!





4. Make the Nuggets

Combine chicken with 1 tbsp herb mix and season with **salt**.

Spread panko crumbs onto a plate. Place spoonfuls of chicken mixture into crumbs. Turn over to crumb.



Make the nuggets any size you like!



2. PRepare the Veggies

Cut capsicum and cucumber into sticks. Halve cherry tomatoes and arrange on a serving plate or bowl.



3 Make the Dipping Sauce

Combine aioli with <u>1 tbsp Ozzie bush</u> herb mix. Set aside in the fridge for serving.

tiP

Mix the aioli with any flavour of choice, like tarragon, smoked paprika, lemon zest or sweet chilli sauce. Alternatively, leave it plain.



5. cook the Nuggets

Heat a frypan with **oil/butter** over medium heat. Add nuggets and cook for 3-5 minutes on each side or until golden and cooked through.

tiP

We used a combination of oil and butter for cooking. Ensure it covers the whole base of the frypan.



6. finish and serve

Serve chicken nuggets with roasted potato rounds, crunchy veggies and dipping sauce.